



Arkadelphia Senior Activity Center  
1305 North 10<sup>th</sup> Street  
870-246-9871

Open 7:30a.m. - 3:30 p.m.

AUGUST 2023

<i><b>Monday</b></i>	<i><b>Tuesday</b></i>	<i><b>Wednesday</b></i>	<i><b>Thursday</b></i>	<i><b>Friday</b></i>
<div>  <div> <b>CHAIR VOLLEYBALL</b>  <i>Shooting Pool</i>  <i>Exercise Equipment</i> </div> </div> <div>  <div> <b>BEANBAG BASEBALL</b>  <i>DOMINOES</i>  <i>Puzzles</i>  <i>Card Games</i> </div> </div>				
	<b>1</b> <u>10:00 Kasandra Williams @ UAMS Center on Aging</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>2</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>3</b> 10:00 Gospel Singing 10:00 Chair Volleyball 12:00 Beanbag Baseball <b>11:00 Board Meeting</b> 7:00-9:30 Thursday Night Dance	<b>4</b> <b>10:00 Bingo</b>
<b>7</b> <u>10:00 Drew Wright @ Dawson Co-Op</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>8</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>9</b> <u>10:00 Emily Moore @ Baptist Health</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>10</b> 10:00 Gospel Singing 10:00 Chair Volleyball 12:00 Beanbag Baseball <b>11:00 Council Meeting</b> 7:00-9:30 Thursday Night Dance	<b>11</b> <b>10:00 Bingo</b>
<b>14</b> <b>9:00-3:00 Monthly Commodities</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>15</b> <b>9:00-3:00 Monthly Commodities</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball <u>11:00 Jo Ann @Home Ext.Nutrition &amp; Yoga</u>	<b>16</b> <b>9:00-3:00 Monthly Commodities</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>17</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball <u>Malvern Ball Team @ Arkadelphia</u> <u>10:00 Twin Rivers Pie Drawing</u> 7:00-9:30 Thursday Night Dance	<b>18</b> <b>10:00 Bingo</b>
<b>21</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>22</b> 10:00 Chair Volleyball 12:00 Beanbag Baseball <b>10:30 Natha Peel Agency</b>	<b>23</b> <u>10:00 Tommie Rogers @ Health Department</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>24</b> <u>9:00 to 3:00 Quarterly Commodities Arkadelphia Ball Team @ Malvern</u> 10:00 Gospel Singing 10:00 Chair Volleyball 12:00 Beanbag Baseball 7:00-9:30 Thursday Night Dance	<b>25</b> <u>9:00 to 3:00 Quarterly Commodities</u> <b>10:00 Bingo</b>
<b>28</b> <u>10:00 Constance Anderson ACJA Blood Pressure Training</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>29</b> <u>10:00 Constance Anderson W.O.W Services</u> 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>30</b> 10:00 Derek Finney with Humana – Conference Room 10:00 Chair Volleyball 12:00 Beanbag Baseball	<b>31</b> 10:00 Gospel Singing 10:00 Chair Volleyball 12:00 Beanbag Baseball 7:00-9:30 Thursday Night Dance	