

BRYANT

SENIOR ACTIVITY & WELLNESS CENTER

APRIL 2024

VOLUME 4, ISSUE 40

WELCOME!

**To the Bryant Senior
Activity Center, Where
Age is Just a Number.**

**The place for Congregation
and Conversation**

Mary Vickers, Director

Hours

Monday – Friday

7:30 AM to 3:30 PM

No Membership Fee

Lunch

Eat-In

11:30-Noon

\$3.00 for persons 60 plus

(Suggested Donation)

**\$6.00 fee Under 60,
or take-out meals**

For Home Delivered Meals

Contact: Karlyn Jarratt

501-943-0056

kjarratt@cadc.com



Bryant Senior Activity Center

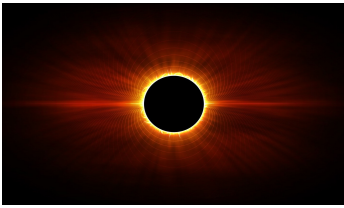
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WE'RE GLAD YOU'RE HERE!



We will be closed on Monday, April 8th. Enjoy the eclipse from your home.

The Annual Plant Walk will be held on Thursday, April 11th @ 10:00 am. Each walk will cost fifty cents.

This event has been held at the senior center for many, many years. It's much like an old fashion cake walk. You will walk around chairs and when the music stops, if your number of the chair is called, you will win a live plant.



APRIL BIRTHDAYS



Richard Pitts	4/01	Ellene McGrew	4/17
Louie Watts	4/01	Maria Mendez	4/17
Paul Pipkin	4/02	John Williams	4/17
Dolly Garrison	4/03	Patricia Matthews	4/18
Johnnie Holloway	4/03	Cheryl Turner	4/21
Landon Moses	4/03	Larry Ballentine	4/21
Ron Whitfield	4/03	Judy Wilkerson	4/22
Betty Mottwiler	4/06	Hank Strickland	4/23
Loretta White	4/06	Pat Potter	4/23
Mae Owens	4/09	Surita Hicklin	4/23
Colleen Lewis	4/10	E.B. Walker	4/24
Sarah Raines	4/10	Sandy Allenbaugh	4/24
Lee Casey	4/10	Linda Taylor	4/25
Terri Jenkins	4/11	Rose West	4/27
Grace Ballentine	4/12	Linda Crabb	4/27
Bobby Mashburn	4/12	Wayne Hill	4/30
Susan Spivey	4/12	Lonnie Richardson	4/30
Donna Clinton	4/13		
William Johnson	4/14		
Stan Judd	4/14		
Bill Neu	4/14		
Kay Bohn	4/15		
Betty Farler	4/16		

You're older than yesterday, but younger than tomorrow.
Happy Birthday!

What's going on at the Senior Center?

Here's the Scoop!

Karaoke at night will be on Thursday, April 4 at 6:00 pm. All are invited.

Thank you to Butch Higginbotham/Century 21 Parker & Scroggins who will be our sponsor for Bingo on April 5th.

We will be closed on Monday, April 8th, due to the high volume of vehicles on that are expected to be on the roads. Enjoy the eclipse from the comfort of you home.

Our annual plant walk will be held Thursday, April 11th @ 10:00. This is a fundraiser for the center, each walk will cost fifty cents. If you would like to donate a live plant for this event it would be greatly appreciated!

50's Dance! Saturday, April 20th. Slick your hair back, roll a pack of cigs in your tee shirt, find a poodle skirt and head on down to the dance for a swinging good time!


Bryant First United Methodist Church will be our sponsor for the birthday Party on Friday, April 26th at 10:00.

We're always looking for Bingo sponsors, please let Mary know if you would be interested in a sponsorship.


Please check the activity calendar for regular on-going events.

** From time to time the schedule is subject to change*

Activity Calendar April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	"Super Noggin" Mondays @ 10:00 am Exercise for your brain			Spanish Class Thursdays @ 10:00 am	Birthday Sponsor: First United Methodist Church-Bryant April 25th	Manicures \$15 Pedicures \$25 Hair Cuts Men \$12 Women \$17
	1 *BBB 10:00 Crochet Circle 10:00 Bible Study 12:30 Line Dance Class/Beginners 2:00-3:00 Hair Cuts 9:00	2 *BBB 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00	3 Band Live music 9:00-11:30 Manicures & Pedicures 9:00-11:00	4 The Gospel Guys & Gals 9:30 Advanced Line Dance Class 1:30-3:00 Karaoke 6:00 pm	5 Ageless Grace Exercise 9:30 Bingo 10:00 Sponsor: Butch Higginbotham Century 21. Parker & Scroggins	6 Dance 7:00-9:30 Steel Kickin' Live Music \$6 per person
7	8 Center Closed Enjoy the Eclipse.	9 *BBB 10:00 Genealogy 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00	10 Band Live Music 9:00-11:30 Baptist Health BP/BS Screenings 9:00-11:00 Bible Story W/ a Brush Noon	11 Plant Walk 10:00 .50 to walk Advanced Line Dance Class 1:30-3:00	12 Ageless Grace Exercise 9:30 Bingo 10:00	13 Dance 7:00-9:30 Beau Renfro & Southern Country Live Music \$6 per person
14	15 *BBB 10:00 Crochet Circle 10:00 Bible Study 12:30 Line Dance Class/Beginners 2:00-3:00 Hair Cuts 9:00	16 *BBB 10:00 Learn to Sign 10:00 Line Dance Experience Only 2:00-3:00 Senior Day @ Dickey Stevens Park	17 Band Live Music 9:00-11:30 Popcorn & a Movie Marley & Me	18 The Gospel Guys and Gals 9:30 Advanced Line Dance Class 1:30-3:00	19 Ageless Grace Exercise 9:30 Bingo 10:00	20 50's Dance 7:00-9:30 The Pure Luck Band Dress like it's 1952! \$6 per person
21	22*BBB 10:00 Crochet Circle 10:00 Bible Study 12:30 Line Dance Class/Beginners 2:00-3:00	23 *BBB 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00	24 Band Live Music 9:00-11:30	25 Karaoke 9:30-11:30 Advanced Line Dance Class 1:30- 3:00	26 Ageless Grace Exercise 9:30 Birthday Party 10:00 Sponsored: FUMC/Bryant Bingo 10:30	27 Dance 7:00-9:30 Live Music Silverado \$6 Per person
28	29 *BBB 10:00 Crochet Circle 10:00 Bible Study 12:30 Line Dance/Beginners 2:00-3:00	30 BBB 10:00 Learn to Sign 10:00 Line Dance Exp. Only 2:00-3:00	Mahjong Mondays & Wednesdays 12:00 pm	Chair Volleyball in the Gym Monday & Wednesday @ 10:30	Axe Throwing 	*BBB Bean Bag Baseball Avon Lady comes on the 1st & 3rd Friday 9-10:00

Menu April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunches are served with Skim Milk or Iced Tea	1 Glazed Meatloaf Mashed Potatoes Purple Hull Peas Cornbread Chilled Pears	2 Country Baked Chicken Rice Pilaf Mixed Vegetables Dinner Roll Tropical Fruit	3 Frito Pie Tossed Salad Strawberry Shortcake	4 Lasagna w/ Meat Sauce Mixed Green Salad Garlic Bread Stick Chilled Peaches	5 Bread Fish French Fries Coleslaw Hushpuppies Lemon Cream Pie	6
7	8 Center Closed Enjoy the Eclipse	9 Taco Soup Shredded Cheese Chopped Lettuce and Tomatoes Tortilla Chips Honey Bun Cake	10 Oven Fried Chicken Mashed Potatoes Corn Garlic Cheddar Biscuit Banana Pudding	11 Hamburger Steak W/ Onion Mashed Potatoes Seasoned Carrots Mandarin Oranges	12 Scrambled Eggs Sausage Hashbrown Potatoes Biscuit Country Gravy Fruit Salad	13
14	15 Ham & Beans Greens Cornbread Fruit Crisp Vanilla Ice Cream	16 Fish Sandwich Sweet Potato Tots Cole Slaw Banana Split Dessert	17 Hamburg-er on Bun Baked Beans Lettuce and Tomato Mandarin Oranges	18 Spaghetti W/Meat Sauce Tossed Salad W/Dressing Garlic Breadstick Chilled Pineapple	19 BBQ Chicken Potato Salad Corn Wheat Bread Strawberries	20
21	22 Green Pepper Steak Mashed Potatoes Mixed Vegetables Bread Chilled Peaches	23 Chicken Rice Casserole Green Beans Bread Tropical Fruit	24 Chili Dog on Bun Cucumber Tomato Salad Chilled Pears Chocolate Oatmeal Cookie	25 Breaded Pork Chop Black Eyed Peas Seasoned Squash Cornbread Banana Pudding	26 Grilled Chicken on a Bun French Fries Lettuce & Tomato Strawberries W/ Whipped Topping Angel Food Cake	27
28	29 Baked Ham Candied Sweet Potatoes Green Beans Roll Ambrosia	30 Roast Beef Carrots and Potatoes Roll Chilled Pineapple Cookie				
31	 <p style="font-size: small;">Central Arkansas Development Council</p>	<p>Staying for lunch?</p> <p>A suggested \$3.00 donation is appreciated for age 60 plus. Under 60? There is a fee of \$6.00</p> <p>There is power in giving! Thank you!</p>				

Name: _____

Date: _____

Pasta Plate

W I E I A S I E O E G E N G A S A L F
O T L L A L I L Y N N N T L S O R E I
B T L G R L F L O I O N N I R I T N A
L E E I E E E E E U C E N Z G T I T A
E H T G P H S D T G C P O A U L S R G
I G A G A S E R T N H G T C L A O D A
L A I E S I L A E I I O C E P T N P B
L P L I S R D P I L N I P I I L M F R
E S G L A O O P H I N A N N I C A A F
C E A G T T O A C E C N I I N I F R D
I R T I E A N P C L N I S L O N A F I
M A A H L I D C E L Z T I L L I L A N
R V I C L D I L R E I S L E L T D L I
E I E N I A R O O N T A L T E A I L L
V O A O R R U G E A I P E R N C N E A
E L P C A V A T A P P I M O N U E P T
E I R O T E L L E M E T E T A B U W I
E F U S I L L I O A T G G E C A U N D
E E A C R I T T O C I N A M L C C H I

Word List:

PASTA

CAPELLINI

DITALINI

FETTUCCINE

CAMPANELLE

MAFALDINE

PAPPARDELLE

RAVIOLI

TAGLIATELLE

ROTINI

NOODLES

CAVATAPPI

EGG

FUSILLI

GNOCCHI

MANICOTTI

PASSATELLI

RIGATONI

TORTELLINI

PASTINA

BUCATINI

CONCHIGLIE

ELBOW

GEMELLI

LASAGNE

ORECCHIETTE

PENNE

ROTELLE

VERMICELLI

CANNELLONI

SHELLS

FARFALLE

GIGLI

LINGUINE

ORZO

RADIATORI

SPAGHETTI

ZITI

A Funny: Dad, can you tell me what a solar eclipse is? No sun.

