

CADC Administration Office
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www.cadc.com

CADC IS:
 A Community Action Agency
 An Equal Opportunity Employer
 A United Way Agency

Calhoun County

Hampton (71744) 210 S. Lee 870.798.2457

Clark County

Amity (71921)
 Head Start 213 N. Clark 870.342.5358

Arkadelphia (71921)

Community Dev. 1311 N. 10th St. 870.403.0679
 Head Start 301 N. 23rd St. 870.246.8931
 Fam/HEAP/SPS 301 N. 23rd St. 870.246.8089
 Senior Center 1311 N. 10th St. 870.246.9871
 Transportation 1311 N. 10th St. 870.246.8747

Gurdon (71743)

Senior Center 410 E. Main 870.353.2095
 Head Start 410 E. Main 870.353.6616

Columbia County

Magnolia (71753) 1503 North Vine 870.234.6444

Dallas County

Fordyce (72742) 410 E. 4th St. 870.352.8894

Hot Spring County

Bismarck (71929)
 Head Start 2078 Arlie Moore 501.865.1882

Magnet Cove (72104)

Head Start 21977 Hwy. 51 501.332.6906

Malvern (72104)

Head Start 1735 E. Sullenberger 501.337.1502
 Operations/HEAP 1303 S. Main 501.332.5426
 Senior Center 1800 W. Moline 501.332.5374
 Transportation 830 W. Moline 501.332.6215
 Fam/Com Dev/SPS 1735 E. Sullenberger 501.337.8401

Lonoke County

Lonoke (72086) 117 S.E. Front St. 501.676.0019

Montgomery County

Mount Ida (71957)
 Head Start/HEAP 156 Senior Dr. 870.867.3722
 Senior Center 158 Senior Dr. 870.867.2313
 Transportation 112 Hwy 270 W Ste.10 870.867.4666

Pike County

Delight (71940)
 Head Start 611 Webb St. 870.379.2270

Glenwood (71943)

Head Start 747 Lakeshore Dr. 870.356.4780
 Senior Center/HEAP 229 Betty St. 870.356.4212

Kirby (71950)

Fam/Com Dev/SPS 2614 Hwy 27 N 870.398.4243

Murfreesboro (72086)

Head Start 120 E. Court, Ste. B 870.285.3351
 Senior Activity/HEAP 120 E. Court, Ste. A 870.356.2312

Pulaski County

Jacksonville (72076) #2 Crestview Plaza 501-457-5621
Little Rock (72209) 5401 S. University Ave. 501.603.0909
N. Little Rock (72116) 3901 McCain Park Rd. 501.771.0745
 Ste. 102

Quachita County

Camden (71701) 313 Jefferson St. SW 870.836.3200

Saline County

Benton (72015)
 Fam/Com Dev/
 HEAP/SPS 309 S. East St. 501.315.0885

Head Start 1600 Dixie 501.315.6456
 Senior Center 210 Jefferson St. 501.315.0645
 Transportation 408 W. Walnut St. 501.315.0800

Bryant (72022)

Senior Center 702 SW Fourth St. 501.847.0809

Harmony Grove (72015)

Head Start 115 School Dr. 501.776.1697

Paron (72122)

Head Start 16494 W. 12th St. 501.594.5668

Shannon Hills (72002)

Head Start 11925 Co. Line Rd. 501.455.4932

Union County

El Dorado (71730) 1426 NW Avenue 870.864.0067

Southern Region Transportation (SCAT)

Calhoun, Columbia, Dallas, Ouachita, & Union Counties
Camden (71730) 313 Jefferson St. SW 870.836.3200

Family Development Credential



Empowering Families
 Strengthening Workers
 Improving Communities

Central Arkansas Development Council



Building Futures
 Through
 Community Action
www.cadc.com

CADC provides services in 12 counties in Arkansas. Contact any of our local offices for more information about the programs and services offered in your area.

What is the FDC?

The Family Development Credential Program (FDC) provides front-line agency workers with the skills and competencies necessary to empower individuals and families to solve problems and to set and reach their own goals.

There is a widespread consensus among families, workers, and policymakers that services for families must change.

Family workers need systematic, comprehensive coursework to help families take a larger role in shaping their own futures.

The FDC uses a well-researched, strengths-based, help-seeking family support approach. The curriculum was developed at Cornell University and has been implemented throughout the country.

The FDC program transforms the way agencies and communities interact with families.



"I have to think (the FDC) has had an impact. Our turnover rate in the division that we started this was about 40% a year. Our turnover rate during the time period we've had (the FDC) has been almost zero."

A Movement for Agency Change

The FDC is designed to reorient human service agency practice to the family support model by providing cross-agency training for family workers on family support principles.

The FDC guides individuals and families to use services as stepping stones to self-reliance and interdependence with their communities rather than getting caught in the trap of dependency.

You Can Empower Families

- ◆ Support legislation which moves human service agencies toward the family support approach.
- ◆ Urge state agency administrators to implement the FDC program for workers who interact with individuals and families.
- ◆ Promote employer benefits. The FDC increases productivity, strengthens workers, and has a direct and positive impact on every employer's bottom line.
- ◆ Save taxpayer dollars and improve communities. The FDC reduces service duplication and is based on collaboration saving taxpayer dollars; it improves awareness and utilization of existing services to make all systems run more efficiently.
- ◆ Provide more constituent benefits. FDC empowers families by helping people reach their own goals for self-reliance and interdependence. Strong families = healthy, productive communities.



CADC complies with Title VI and VII of the Civil Rights Act

Curriculum Topics

- ★ Family Development
- ★ Worker Self-Empowerment
- ★ Communicating with Skill and Heart
- ★ Mutually Respectful Relationships
- ★ Cultural Competence
- ★ Home Visiting
- ★ Collaboration

Features

- ◆ 90 hours of empowerment coursework
- ◆ Community based facilitator
- ◆ One-on-one mentoring by portfolio advisors
- ◆ Supportive, interactive learning environment
- ◆ Standardized exam
- ◆ Credential from UMKC

Results

- ✦ Families set long-term goals and partner successfully with community resources
- ✦ Workers report increased self-esteem, confidence, assertiveness and improved communication and relationship skills
- ✦ Supervisors report higher staff morale and lower turnover among FDC trained workers

Thanks to Our Partners

- ◆ University of Missouri - Kansas City
- ◆ Cornell University
- ◆ Ouachita Technical College - Arkansas
- ◆ Career Pathways Program