

CADC Administration Office  
 722 Gaunt St., Benton  
 Phone: 501.778.1133  
 Fax 501.778.9120  
[www.cadc.com](http://www.cadc.com)

CADC IS:  
 A Community Action Agency  
 An Equal Opportunity Employer  
 A United Way Agency

**Calhoun County**

*Hampton (71744)* 210 S. Lee 870.798.2457

**Clark County**

*Amity (71921)*  
 Head Start 213 N. Clark 870.342.5358

**Arkadelphia (71921)**

Community Dev. 1311 N. 10th St. 870.403.0679  
 Head Start 301 N. 23<sup>rd</sup> St. 870.246.8931  
 Fam/HEAP/SPS 301 N. 23<sup>rd</sup> St. 870.246.8089  
 Senior Center 1311 N. 10th St. 870.246.9871  
 Transportation 1311 N. 10th St. 870.246.8747

**Gurdon (71743)**

Senior Center 410 E. Main 870.353.2095  
 Head Start 410 E. Main 870.353.6616

**Columbia County**

*Magnolia (71753)* 1503 North Vine 870.234.6444

**Dallas County**

*Fordyce (72742)* 410 E. 4th St. 870.352.8894

**Hot Spring County**

*Bismarck (71929)*  
 Head Start 2078 Arlie Moore 501.865.1882

**Magnet Cove (72104)**

Head Start 21977 Hwy. 51 501.332.6906

**Malvern (72104)**

Head Start 1735 E. Sullenberger 501.337.1502  
 Operations/HEAP 1303 S. Main 501.332.5426  
 Senior Center 1800 W. Moline 501.332.5374  
 Transportation 830 W. Moline 501.332.6215  
 Fam/Com Dev/SPS 1735 E. Sullenberger 501.337.8401

**Lonoke County**

*Lonoke (72086)* 117 S.E. Front St. 501.676.0019

**Montgomery County**

*Mount Ida (71957)*  
 Head Start/HEAP 156 Senior Dr. 870.867.3722  
 Senior Center 158 Senior Dr. 870.867.2313  
 Transportation 112 Hwy 270 W Ste.10 870.867.4666

**Pike County**

*Delight (71940)*  
 Head Start 611 Webb St. 870.379.2270

**Glenwood (71943)**

Head Start 747 Lakeshore Dr. 870.356.4780  
 Senior Center/HEAP 229 Betty St. 870.356.4212

**Kirby (71950)**

Fam/Com Dev/SPS 2614 Hwy 27 N 870.398.4243

**Murfreesboro (72086)**

Head Start 120 E. Court, Ste. B 870.285.3351  
 Senior Activity/HEAP 120 E. Court, Ste. A 870.356.2312

**Pulaski County**

*Jacksonville (72076)* #2 Crestview Plaza 501-457-5621  
*Little Rock (72209)* 5401 S. University Ave. 501.603.0909  
*N. Little Rock (72116)* 3901 McCain Park Rd. 501.771.0745  
 Ste. 102

**Quachita County**

*Camden (71701)* 313 Jefferson St. SW 870.836.3200

**Saline County**

*Benton (72015)*  
 Fam/Com Dev/  
 HEAP/SPS 309 S. East St. 501.315.0885

Head Start 1600 Dixie 501.315.6456  
 Senior Center 210 Jefferson St. 501.315.0645  
 Transportation 408 W. Walnut St. 501.315.0800

**Bryant (72022)**

Senior Center 702 SW Fourth St. 501.847.0809

**Harmony Grove (72015)**

Head Start 115 School Dr. 501.776.1697

**Paron (72122)**

Head Start 16494 W. 12th St. 501.594.5668

**Shannon Hills (72002)**

Head Start 11925 Co. Line Rd. 501.455.4932

**Union County**

*El Dorado (71730)* 1426 NW Avenue 870.864.0067

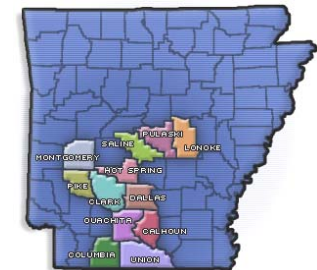
**Southern Region Transportation (SCAT)**

*Calhoun, Columbia, Dallas, Ouachita, & Union Counties*  
*Camden (71730)* 313 Jefferson St. SW 870.836.3200

# CADC Family Development



## Central Arkansas Development Council



Building Futures  
 Through  
 Community Action  
[www.cadc.com](http://www.cadc.com)

CADC provides services in 12 counties in Arkansas. Contact any of our local offices for more information about the programs and services offered in your area.

## What Will Family Development Do For Me?

Family Development restores a sense of self-reliance and community to people who have lost faith in their ability to provide for themselves and their families. The program helps people live “the good life” with health and dignity.



Family Development helps families see their own strengths, reflect critically on how they arrive where they are, and determines what will help them move forward.

Families work with CADAC to create goals, find the services they need to reach their goals, develop the skills they need to become stronger, and make the connections in the community to become self-sufficient.

## Important Steps of Family Development

- ◆ The family develops a trusting relationship with a Family Development Specialist (FDS).
  - ◆ A FDS helps the family assess its needs and strengths.
  - ◆ The family sets its own goals.
  - ◆ The FDS helps the family make a written plan for reaching these goals. The family and FDS each work on the plans.
  - ◆ The family leans and uses skills needed to become self-reliant continuously.
  - ◆ The family uses services as stepping stones to reach their goals.
- The family becomes stronger and is better able to manage future challenges.

## Qualifications, Credentialing, and Beliefs

The Family Development Training and Credentialing Program is a professional development course and credentialing program for frontline family staff who learn and practice skills of strength-based family support.

Staff take the 90 hour course, prepare a portfolio documenting their abilities in the strengths-based family support and pass a credentialing exam.

Persons can enroll in the program by contacting CADAC at 501-778-1133.

*CADAC complies with Title VI and VII of the Civil Rights Act*

## CADAC's Beliefs:

- ◆ All people, and all families, have strengths.
- ◆ All families need and deserve support.
- ◆ The type and degree of support each family needs varies throughout life.
- ◆ Most successful families are not dependent on long-term public support. They maintain a healthy interdependence with others, their community, and the environment.
- ◆ Diversity is an important and valuable reality in society.
- ◆ Coordinated services and collaboration at all levels are crucial to effective family service.
- ◆ Families and family development staff are equally important in the empowerment process.
- ◆ Families must choose their own goals and the way to achieve them.
- ◆ Service is provided in order for families to reach their goals, and is not itself a measure of success.

